

### We support childcan Mav Reiwa 6

Nomi city Childcare Support Center

## Relief Salon

### Balance ball

Come to refresh your body and soul!

When: May 13 (Mon) 10:00 - 11:30 (come 10 minutes early)

Audience: guardians of pre-nursery children

(Nomi city residents)

Lecturer: Satoko KEMMURA-san

Capacity: 10 persons (application required)

Fee: 150 ven

Bring: a towel, a drink

Application start: April 26 (Fri) from 9:00 \*Childcare available. Bring your own drink 🌾

 ★ Notice ★
 We set the number of possible participations for the Salon between April, 2024 and March, 2025 to 2 times a year per person. (Salons of the same contents can be participated in only once)

#### 2-vear-olds meeting

Come to enjoy playing active games with other children of the same age! When: May 27 (Mon) 10:00-11:00 Audience: children aged 2

(residents of Nomi city)

Bring: a drink

#### Staff introduction V

Center director: Erika HIGASHI Staff: Kvoko SUGIWAKA

Hitomi KITA

Looking forward Momoko SEMBU to meeting you!

Yuko KIDO

#### · All of the events are for Nomi city residents only.

· We ask elementary school students to refrain from using the Center. We kiwndly ask for your understanding and cooperation.

#### Childcare class Mouth health class

Come to listen to a lecture about teeth cleaning and occlusion, dentition, and tooth decay prevention given by a dental hygienist.

When: May 22 (Wed) 10:00 - 11:30 (come 10 minutes early)

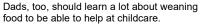
Audience: guardians of children aged 8 months to

3 years (residents of Nomi city) Lecturer: dental hygienist Sachie UCHINO-san Capacity: 15 persons (reservation required)

Childcare: available for 10 applicants (for pre-nursery children, residents of Nomi city)

Application start: May 7 (Tue) from 9:00

# Childcare class for dads: -Weaning food-



When: May 25 (Sat) 10:00 - 11:30 (come 10 minutes early)

Where: Health and Welfare Center "Sante" 2F Kitchen Studio (Nu 48, Terai machi) Lecturer: nutritionist Misako KATAYAMA-san

Audience: dads of children from 5 to 12 months old

(residents of Nomi city)

Capacity: 20 persons (reservation required)

Bring: apron, bandana, mask Application start: May 8 (Wed) 9:00

\*No childcare will be available, but participation of

both parents is possible

# Excitement plaza Outside hooray!

Come to play ball, play actively at swings and slides.

When: June 3 (Mon) 10:00 - 11:00

Audience: pre-nursery school children from age 1 and their quardians (Nomi city residents)

Capacity: 20 groups (reservation required) Where: Terai Nursery School yard (meeting there)

Bring: a drink, a hat

Application start: May 17 (Fri) 9:00 \*Reception will be at the hall.

\*To be cancelled in case of rainy weather, even if small rain.

\*If you have younger children, please bring your baby stroller or baby carrier. (No childcare available)

\*You can eat lunch at the lawn near the Center. Bring your lunchbox and a sheat to spread on the ground \* Address \* 1, 8 banchi, Ta, Terai machi, Nomi city (Fureai Plaza 1st floor)

\*TEL\* (0761) 58-8200

\* Open Hours \* Mon-Fri 9:00 - 17:00 Saturday 9:00 - 16:30

\* Closed \* Sundays, holidays

Nikoniko News can also be downloaded from Nomi City Webpage! (Japanese, English and Vietnamese versions)



	Monday	Tuesday	Wedneso	day Thursda	y Friday	Saturday
	3	m is available 1 n required wher		100	Constitution Day	Green Day Closed
	6 Substitution Holiday Closed Reservation required	7	8	9	10 ★Baby plaza 13:30 - 14:30 (with midwives)	11
,	13 Relief salon 10:00 - 11:30 (Play room)	14	15	16 Demae class 10:00 - 10:20 (Lunch room	)	18  Reservation required
	20	21 Smiley 10:00 - 11:00 (Play room)	22 Childcare Cl 10:00 - 11: (1F meeting ro	30	ed Smiley in Tatsunokucl 10:00 - 11:00 Tatsunokuchi Chūō Jidōka	10:00 - 11:30
	27 2 y.o. meeting 10:00 - 11:00 (Play room)	28 ★Baby plaza 10:00 - 11:00	The	30 Regarding the he e Center is close y 3 (Fri) to May (	ed from	

Events marked with a \* will be conducted for targeted audience children only in order to prevent crowding. Please avoid these times if you come on a free basis.

[Smiley] Parents and children, enjoy rythmic games and picture books! (pre-nursery children) We also do birthday celebrations together for anyone who has a birthday on that day. Please participate even if it's not your birthday.

[Smiley in Tatsunokuchi] Parents and children come to enjoy rythm games and picture books at Tatsunokuchi Chūō Jidōkan. (pre-nursery children)

[2 year olds meeting] Come to play with other children of the same age! (for pre-schooler children residents of Nomi city) Participation available for children who turned 2.

[Baby Plaza] Have fun playing and interacting with your child and other parents.

(for pre-nursery children up to 1 y.o.)
\*Expectant mothers can participate in the afternoon. If you wish to participate. please, contact us. (for Nomi city residents)

[Demae class] Demae classes are held by the libraries, offering different talks and book reading.

(pre-nursery children)

[Childcare consultations] Available at anytime. If you have a desired time, please make an appointment

[Kindergarten open days] Conducted at all Nomi Municipal Nursery Schools (9:30 - 10:30) 16th (Ōgamaya, Neagari Nambu, Nagano, Toyomi, Tatsunokuchi, Kokuzō)

9th,23th (Fukuoka, Taisei, Terai, Ao, Miyatake, Kotobuki)

\*Please inquire at the nursery school for details.

• Not conducted in Fukushima Nursery School

Yuno Nursery School: 22 (10:00 - 11:30)

Wakaba Midori Nursery School plans to conduct Childcare Support Plaza (Kosodate Shien Hiroba)

[Parent and child salon]

(held by Social Welfare Commitee)

An event for parents and children to play together freely. Iwauchi Community Center (Tue), Nishifutakuchi Community Center (Wed),

Ao Community Center (Thu)