

Relief Salon

Balance Ball

Come to refresh your body and soul!

When: October 6 (Mon) 10:00 - 11:30
(come 10 minutes early)
Audience: guardians of pre-nursery children
(Nomi city residents)
Lecturer: Satoko KEMMURA-san
Capacity: 10 persons (application required)
Fee: 150 yen
Bring: a drink, a towel
Application start: September 22 (Mon) 9:00
*Come in sporty clothes.
*Childcare available.

★Notice★

We set the number of possible participations for the Salon between April, 2025 and March, 2026 to 2 times a year per person.
(Salons of the same contents can be participated in only once)

Excitement plaza

Come to play at Wadayama

Come to move your body at Wadayama!

When: October 15 (Wed) 10:00-11:00
Where: Wadayama Local History Plaza
(Furusato Rekishi-no Hiroba)
Audience: guardians and pre-nursery children above 1 y.o.
Capacity: 20 groups (reservation required)
Bring: a drink, a hat,
if you wish - your lunchbox and spread sheet
Application start: October 1 (Wed) 9:00
*Depending on the weather might be conducted in Play Room.
The notification about the place will be sent in Hagu-Hagu app at 9 am
*If you want to bring younger children along, have your baby stroller or baby carrier (no childcare available).

We support childcare
October Reiwa 7
Nomi City
Childcare Support Center

Magomago Class

Mago means "grandchild" in Japanese. Would you like to become a grandparent who is versatile in modern childcare and reliable?

When: October 4 (Sat), 11 (Sat), 18 (Sat)
10:00-11:30
Audience: grandparents-to-be, grandparents of children up to 1 y.o.
Lecturer: midwife Kanoko NAKAGUCHI-san
Capacity: 20 persons (reservation required)
Reservation deadline: October 3 (Fri)
*No childcare available



Play Room Open Day

-Come to have fun!

When: October 30 (Thu) 10:00 - 11:00
The Play Room at the Childcare Support Center is free to use for active play



Twins and triplets meeting

When: October 31 (Fri) 10:00 - 11:00
Audience: children born of multiple birth and their guardians, parents-to-be of such children (residents of Nomi city)



Lunch Room is available 11:00 to 13:00.
Reservation required when coming to the facility.



* Address * 1, 8 banchi, Ta, Terai machi, Nomi city (Fureai Plaza 1st floor)
* TEL * (0761) 58-8200
* Open Hours * Mon-Fri 9:00 - 17:00
Saturday 9:00 - 16:30
* Closed * Sundays, holidays

Nikoniko News can also be downloaded from Nomi City Webpage! (Japanese, English and Vietnamese versions)



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4
				Smiley in Neagari 10:00-11:00 (Neagari Chūō Jidōkan)	Magomago class 10:00-11:30 Reservation required
6 Relief salon 10:00-11:30 Reservation required	7	8	9	10 ★Baby plaza 13:30-14:30 (with midwives)	11 Magomago class 10:00-11:30 Reservation required
13 Sports Day Closed	14 Smiley 10:00 - 11:00	15 Play at Wadayama 10:00-11:00 (Furusato Rekishi-no Hiroba)	16 Demae class 10:00 - 10:20	17	18 Magomago class 10:00-11:30 Reservation required
20	21	22	23	24 Smiley in Tatsunokuchi 10:00-11:00 (Tatsunokuchi Chūō Jidōkan)	25
27	28 ★Baby plaza 10:00-11:00	29	30 Play Room Open 10:00-11:00	31 Twins and triplets 10:00-11:00	

[Smiley] Parents and children, enjoy rhythmic games and picture books! (pre-nursery children)
We also do birthday celebrations together for anyone who has a birthday on that day.
Please participate even if it's not your birthday.

[Smiley in Neagari] Parents and children come to enjoy rhythm games and picture books at Neagari Chūō Jidōkan. (pre-nursery children)

[Smiley in Tatsunokuchi] Parents and children come to enjoy rhythm games and picture books at Tatsunokuchi Chūō Jidōkan. (pre-nursery children)

[Baby Plaza] Have fun playing and interacting with your child and other parents.
(for pre-nursery children up to 1 y.o.)
*Expectant mothers can participate in the afternoon. If you wish to participate, please, contact us. (for Nomi city residents)

[Demae class] Demae classes are held by the libraries, offering different talks and book reading. (pre-nursery children)

[Childcare consultations] Available at anytime. If you have a desired time, please make an appointment in advance.

[Kindergarten open days] *please contact each facility for details.

Nursery school	Open days	Time
Nomi City Municipal Nursery Schools A: Ogamaya, Neagari Nambu, Nagano, Toyomi, Tatsunokuchi, Kokuzō B: Fukuoka, Taisei, Terai, Ao, Miyatake, Kotobuki	A: 2nd, 16th B: 9th, 23rd	9:30 - 10:30
Fukushima Nursery School	Inquire directly	
Yu no Nursery School	22nd	10:00 - 11:00
Wakabamidori Nursery School (Reservation required 0761-51-4444)	8th, 22nd	10:00 - 11:30

[Parent and child salon] (held by Social Welfare Committee)
An event for parents and children to play together freely.
Iwauchi Community Center (Tue), Nishifutakuchi Community Center (Wed),
Ao Community Center (Thu)