



## How to fulfill the children's desire to be spoiled

When: May 1 (Thu) 10:00 - 11:30  
(come 10 minutes early)  
Lecturer: Dr. Kazuyuki TAGA of Taga Pediatrics  
clinic  
Audience: anybody  
Capacity: 15 persons (reservation required)  
Childcare available to first 10 applicants  
(Nomi city residents, pre-nursery children)  
Childcare application start : April 17 (Thu) 9:00

## Nomi Childcare class

Come to think together about the  
childcare suitable to each child.

When: May 16 (Fri) 10:00-11:30  
(come 10 minutes early)  
Lecturer: clinical psychologist Wataru TANIGUCHI  
(Children Consultations Station staff)  
Audience: guardians of children under 18 y.o.  
Capacity: 15 persons (application required)  
Childcare: available for 10 children  
(Nomi city resident pre-schoolers)  
Application deadline: May 14 (Wed)

## Staff introduction

Center director: Chisato NOZAKI  
Staff: Kyoko SUGIWAKA  
Hitomi KITA  
Kaori TAWARA  
Fumika YOSHINO

Looking forward  
to meeting you!

## Relief Salon

### Mindfulness Yoga for Healing

Come to refresh your body and soul!

When: May 19 (Mon) 10:00 - 11:30  
(come 10 minutes early)  
Lecturer: Keiko SAWADA-san  
Audience: guardians of pre-nursery children  
(Nomi city residents)  
Capacity: 10 people (application required)  
Fee: 150 yen  
Bring: a towel, a drink  
Application start: April 28(Mon) from 9:00  
\*Childcare available. Bring your own drink  
\*Come in sporty clothes

### Notice

We set the number of possible participations  
for the Salon between April 2025 and March  
2026 to 2 times a year per person.  
(Salons of the same contents can be  
participated in only once)

## Childcare class Mouth health class

Come to listen to a lecture about teeth cleaning and  
occlusion, dentition, and tooth decay prevention  
given by a dental hygienist.

When: May 28 (Wed) 10:00 - 11:30  
(come 10 minutes early)  
Lecturer: dental hygienist Sachie UCHINO-san  
Audience: guardians of children aged 8 months to  
3 years (residents of Nomi city)  
Capacity: 15 persons (reservation required)  
Childcare: available for 10 applicants  
(for pre-nursery children,  
residents of Nomi city)  
Application start: May 7 (Wed) from 9:00

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
~Regarding the holidays~ The Center is closed from May 3 (Sat) to May 6 (Thu)			1 Reservation required Lecture 10:00-11:30 (2F meeting room)	2 Smiley in Neagari 10:00-11:00 (Neagari Chūō Jidōkan)	3 Constitution Day Closed
5 Children's Day Closed	6 Substitution Holiday Closed	7	8 Play Room Open 10:00 - 11:00	9 ★Baby plaza 13:30 - 14:30 (with midwives)	10
12 Smiley 10:00 - 11:00	13	14	15 Demae class 10:00 - 10:20	16 Childcare Class 10:00 - 11:30 Reservation required	17
19 Relief salon 10:00 - 11:30 Reservation required	20	21	22	23 Smiley in Tatsunokuchi 10:00 - 11:00 (Tatsunokuchi Chūō Jidōkan)	24
26	27 ★Baby plaza 10:00 - 11:00	28 Childcare Class 10:00 - 11:30 Reservation required	29	30	31

Lunch Room is available 11:00 to 13:00. Reservation  
required when coming to the facility.

**[Smiley]** Parents and children, enjoy rhythmic games and picture books! (pre-nursery children)  
We also do birthday celebrations together for anyone who has a birthday on that day.  
Please participate even if it's not your birthday.

**[Smiley in Neagari]** Parents and children come to enjoy rhythm games and picture books  
at Neagari Chūō Jidōkan. (pre-nursery children)

**[Smiley in Tatsunokuchi]** Parents and children come to enjoy rhythm games and picture books  
at Tatsunokuchi Chūō Jidōkan. (pre-nursery children)

**[Baby Plaza]** Have fun playing and interacting with your child and other parents.  
(for pre-nursery children up to 1 y.o.)  
\*Expectant mothers can participate in the afternoon. If you wish to participate, please, contact us.

**[Demae class]** Demae classes are held by the libraries, offering different talks and book reading.  
(pre-nursery children)

**[Childcare consultations]** Available at anytime. If you have a desired time, please make an appointment in advance.

**[Kindergarten open days]** \*please contact each facility for details.

Nursery school	Open days	Time
Nomi City Municipal Nursery Schools A: Ogamaya, Neagari Nambu, Nagano, Toyomi, Tatsunokuchi, Kokuzō B : Fukuoka, Taisei, Terai, Ao, Miyatake, Kotobuki	A: 15th, B: 8th - 22th	9:30 - 10:30
Fukushima Nursery School (0761-55-0288)	Inquire directly	—
Yuno Nursery School	28th	10:00 - 11:00
Wakabamidori Nursery School (Reservation required 0761-51-4444)	14th - 28th	10:00 - 11:15

**[Parent and child salon]** (held by Social Welfare Committee)

An event for parents and children to play together freely.  
Iwauchi Community Center (Tue), Nishifutakuchi Community Center (Wed),  
Ao Community Center (Thu)

