

We support childca, Mav Reiwa 7 Nomi City

Childcare Support Center

## How to fulfill the children's desire to be spoiled

When: May 1 (Thu) 10:00 - 11:30 (come 10 minutes early)

Lecturer: Dr. Kazuvuki TAGA of Taga Pediatrics

clinic

Audience: anybody

Capacity: 15 persons (reservation required)

Childcare available to first 10 applicants (Nomi city residents, pre-nursery children) Childcare application start: April 17 (Thu) 9:00

#### Nomi Childcare class

-Come to think together about the childcare suitable to each child-

When: May 16 (Fri) 10:00-11:30 (come 10 minutes early)

Lecturer: clinical psychologist Wataru TANIGUCHI (Children Consultations Station staff)

Audience: quardians of children under 18 y.o.

Capacity: 15 persons (application required)

Childcare: available for 10 children

(Nomi city resident pre-schoolers)

Application deadline: May 14 (Wed)

### Staff introduction

Center director: Chisato NOZAKI Staff: Kyoko SUGIWAKA Hitomi KITA Kaori TAWARA Fumika YOSHINO

Looking forward to meeting you!



# Mindfulness Yoga for Healing

Come to refresh your body and soul!

When: May 19 (Mon) 10:00 - 11:30 (come 10 minutes early)

Lecturer: Keiko SAWADA-san Audience: guardians of pre-nursery children

(Nomi city residents)

Capacity: 10 people (application required)

Fee: 150 yen

Bring: a towel, a drink

Application start: April 28(Mon) from 9:00 \*Childcare available. Bring your own drink

\*Come in sporty clothes



We set the number of possible participations for the Salon between April 2025 and March 2026 to 2 times a year per person. (Salons of the same contents can be participated in only once)

## Childcare class Mouth health class

Come to listen to a lecture about teeth cleaning and occlusion, dentition, and tooth decay prevention given by a dental hygienist.

When: May 28 (Wed) 10:00 - 11:30

(come 10 minutes early)

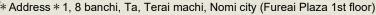
Lecturer: dental hygienist Sachie UCHINO-san Audience: guardians of children aged 8 months to

3 years (residents of Nomi city)

Capacity: 15 persons (reservation required)

Childcare: available for 10 applicants (for pre-nursery children, residents of Nomi city)

Application start: May 7 (Wed) from 9:00



\*TEL\* (0761) 58-8200

\* Open Hours \* Mon-Fri 9:00 - 17:00 Saturday 9:00 - 16:30

\* Closed \* Sundays, holidays

Nikoniko News can also be downloaded from Nomi City Webpage! (Japanese, English and Vietnamese versions)



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
~Regarding the holidays~ The Center is closed from May 3 (Sat) to May 6 (Thu)			Lecture 10:00-11:30 (2F meeting room)	Smiley in Neagari 10:00-11:00 (Neagari Chūō Jidōkan)	3 Constitution Day Closed	
5 Children's Day Closed	6 Substitution Holiday Closed	7	8 Play Room Open 10:00 - 11:00	9 ★Baby plaza 13:30 - 14:30 (with midwives)	10	
Smiley 10:00 - 11:00	13	14	15 Demae class 10:00 - 10:20	16 Childcare Class 10:00 - 11:30 Reservation required	17	
Relief salon 10:00 - 11:30	20	21	22	23 Smiley in Tatsunokuchi 10:00 - 11:00 (Tatsunokuchi Chūō Jidōkan)	24	
26	27 ★Baby plaza 10:00 - 11:00	28 Childcare Class 10:00 - 11:30 Reservation required	A STATE OF THE PARTY OF THE PAR	m is available 11: hen coming to the	31 00 to 13:00. Rese facility.	rvation

[Smiley] Parents and children, enjoy rythmic games and picture books! (pre-nursery children) We also do birthday celebrations together for anyone who has a birthday on that day. Please participate even if it's not your birthday.

[Smiley in Neagarii] Parents and children come to enjoy rythm games and picture books at Neagari Chūō Jidōkan. (pre-nursery children)

[Smiley in Tatsunokuchi] Parents and children come to enjoy rythm games and picture books at Tatsunokuchi Chūō Jidōkan. (pre-nursery children)

[Baby Plaza] Have fun playing and interacting with your child and other parents.

(for pre-nursery children up to 1 y.o.)

\*Expectant mothers can participate in the afternoon. If you wish to participate, please, contact us.

[Demae class] Demae classes are held by the libraries, offering different talks and book reading. (pre-nursery children)

[Childcare consultations] Available at anytime. If you have a desired time, please make an appointment in advance.

[Kindergarten open days] \*please conntact each facility for details.

Nursery school	Open days	Time
Nomi City Municipal Nursery Schools A: Ógamaya, Neagari Nambu, Nagano, Toyomi, Tatsunokuchi, Kokuzō B: Fukuoka, Taisei, Terai, Ao, Miyatake, Kotobuki	A: 15th, B: 8th - 22th	9:30 – 10:30
Fukushima Nursery School (0761-55-0288)	Inquire directly	_
Yuno Nursery School	28th	10:00 – 11:00
Wakabamidori Nursery School (Reservation required 0761-51-4444)	14th • 28th	10:00 – 11:15

[Parent and child salon]

(held by Social Welfare Commitee)

An event for parents and children to play together freely. Iwauchi Community Center (Tue), Nishifutakuchi Community Center (Wed) Ao Community Center (Thu)



